

Facilitating intergenerational solidarity and learning through building friendships between youngsters and elderly



PR2

# Piloting Report



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## Piloting report – FUNDACIÓN INTRAS (SPAIN)

### 1. Introduction

Intras launched through its social networks and emails an initial call for applications to conduct the pilot test of the e-course on the 13<sup>th</sup> of June 2023. Eleven people signed up for this first call, although finally only three took part in the session. The others still showed their interest in the course and were in fact contacted later by phone/email to receive detailed information on the course content and objectives, as well as instructions on how to access it.

Not having reached the target with this first activity, we launched a second call for the 14<sup>th</sup> of July, in which case four people took part. Both this and the previous session took place online.

The third and final session took place on the 11<sup>th</sup> of August in person at INTRAS headquarters with three people participating.

In total we reached the goal of testing the course with ten people, five women and five men, most of them young people interested in befriending, one professional working with older people and one working in a federation of youth centres.

### 2. Methodology

The pilot activities were organised as follows. After launching the call, we contacted the people who had registered, gave them more information about the project and sent them the link to access the virtual session (in the case of the first two sessions). The sessions lasted approximately 3 hours and a half with some breaks to allow everyone to maintain concentration. After a brief presentation of the project, its objectives and expected results, we presented the 6 modules that make up the course, summarising their contents and objectives. Finally, we gave instructions on how to create an account and access the course.

The objective of the session was to present the course with the intention that the participants would register afterwards to delve into the content independently, at their own pace. We are aware that nine of the ten people who participated in the pilot phase enrolled in the course and we are aware that a tenth person also enrolled, although we could not identify him/her, this is probably one of the people who enrolled to take part in the first online pilot session but in the end did not participate and received information via email on how to access the course.

We tried to present the contents in a dynamic way, making the attendees participate as much as possible, asking questions and giving space to share ideas and experiences. We used a Power Point presentation and then accessed the e-learning platform directly to show the contents and how it works. Before we started, we also played some ice-breakers games to create a comfortable atmosphere for the participants. After the session, we asked participants to confirm their enrolment in the course and to complete an evaluation questionnaire after they had been able to explore the platform independently. The questionnaire was created on Google Form.

### 3. Results

The evaluation questionnaire has been completed by nine of the ten people who enrolled in the e-course and these are the results:

1. The learning objectives were presented clearly: 8 totally agree – 1 agree
2. The e-course met participants' expectations: 6 totally agree – 3 agree
3. The contents are relevant: 6 totally agree – 3 agree
4. The e-course is dynamic and interactive: 6 totally agree – 3 agree
5. The e-course is complete and well structured: 7 totally agree – 2 agree
6. Participants learnt new things related to intergenerational activities: 5 totally agree – 3 agree – 1 neutral
7. The e-course fosters the improvement of the abilities to establish a befriending service and be a befriender: 5 totally agree – 4 agree
8. The e-course fosters the improvement of the abilities to manage a befriending: 3 totally agree – 6 agree
9. The e-course is clear and accessible: 9 totally agree
10. The e-course works properly: 8 totally agree – 1 agree
11. The evaluation activities work properly: 5 totally agree – 3 agree – 1 neutral
12. Strengths of the e-course:
  - *The contents are interesting and useful for setting up a volunteer service*
  - *It is not very long and is to the point*
  - *The contents are clear and the project seems to me very interesting and necessary to do something to fight loneliness*
  - *It is very interactive and visually attractive*
  - *I have been a volunteer and I liked learning about how to manage a volunteer service in all its phases.*
  - *Interesting*
  - *It covers a lot of content and is interesting for both young people and youth organisations.*
13. Technical problems
  - *All evaluation activities should show the correct results*
  - *Some exercises did not seem to me to work correctly*
  - *Some exercises I think I did well but I always got it wrong with all combinations*
14. Participants did not mention things that might be added in the platform.
15. Participants did not leave additional comments.

The evaluation of the e-course is very positive, the participants appreciated the content and the format, which they found dynamic and interactive. Regarding the comments on the evaluation activities at the end of the module, some of the errors were already pointed out to KMOP and promptly corrected. However, we think it would be useful to give the option to see the correct results of all activities, at the moment this is not possible for some of them

(the drag and drop exercises) and it can be frustrating for the learner if after several attempts the correct answer is not provided.

#### 4. Conclusions

The pilot phase of the e-course showed that the project topic is interesting for the target groups. Many people showed interest in the project, certainly the fact that the pilot phase took place during the summer period prevented greater participation. The course was evaluated positively by those who participated in the pilot sessions and then explored it independently, so we can conclude that it is a good tool for training young people who want to start this type of voluntary activity, informal groups of youngsters/youth associations who want to create this type of service in their community as well as organisations working in the field of youth or elderly care.



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